

PEER ALLIANCE RECOVERY CENTER (PARC) BRONX

January 2025 Calendar of Activities

BRONX – 510 Courtlandt Ave, 2nd Floor / Bronx NY 10451 (929)-244-1500 / parcbronx@samaritanvillage.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Computer Lab is open daily - 10am to 5pm For more information on TRAININGS, contact us at (929) 244-1500 or parcbronx@samaritanvillage.org</p>		<p style="text-align: right;">1</p> <p style="text-align: center;"><i>Happy New Year</i></p> <p style="text-align: center;">PARC Closed</p>	<p style="text-align: right;">2</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Recovery Club - New Year's Party & Dancing"</i> w/ Mayra 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">3</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Coffee & Communication"</i> w/ Joe 2:30pm to 4:00pm <i>NA Meeting</i> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">4</p> <p style="text-align: center;">PARC CLOSED</p>
<p style="text-align: right;">6</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Introduction to PARC Services & Orientation"</i> w/ Joe 3:00pm to 4:00pm <i>"In Our Own Words"</i> w/ Michael 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">7</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 3:00pm to 4:00pm <i>"Men's Workshop"</i> w/ Byron 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">8</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Overcoming Social Anxiety"</i> w/ Chuck 4:30pm to 5:00pm <i>"Daily Wrap Up"</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i></p>	<p style="text-align: right;">9</p> <p>10:30 to 11:00 <i>"Daily Inspiration"</i> 1:30 to 2:30 <i>"Drawing and Journaling"</i> w/ Veronica 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">10</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Let's Heal" Stretching</i> w/ Mayra 2:30pm to 4:00pm <i>NA Meeting</i> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">11</p> <p>10:30am to 2:00pm <i>Movie Matinee: "Gladiator 11"</i> w/ Byron & Antoinette</p>
<p style="text-align: right;">13</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Coffee & Communication"</i> w/ Veronica 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">14</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm PARC Vision Team Meeting 2:00pm to 3:00pm <i>"A Vetter Way to Recovery"</i> w/ Jamel 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">15</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> <i>"MLK B'Day Celebration"</i> w/ PARC Staff 4:30pm to 5:00pm <i>"Daily Wrap Up"</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i></p>	<p style="text-align: right;">16</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Women's Empowerment"</i> w/ Antoinette 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">17</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 2:30pm to 4:00pm <i>NA Meeting</i> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">18</p> <p style="text-align: center;">PARC CLOSED</p>
<p style="text-align: right;">20</p> <p style="text-align: center;"><i>Martin Luther King Birthday</i></p> <p style="text-align: center;">PARC Closed</p>	<p style="text-align: right;">21</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Coffee & Communication"</i> w/ Antoinette 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">22</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Never Fall-Back"</i> w/ Jesus 4:30pm to 5:00pm <i>"Daily Wrap Up"</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i></p>	<p style="text-align: right;">23</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 1:00pm to 2:00pm <i>"Recovery Club - Positive New Year's Vibes Workshop"</i> w/ Jesus 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">24</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>Spanish Workshop "Mente Clara"</i> w/ Mayra 2:30pm to 4:00pm <i>NA Meeting</i> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">25</p> <p style="text-align: center;">PARC CLOSED</p>
<p style="text-align: right;">27</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>"Coffee & Communication"</i> w/ Jamel 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">28</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 12:00pm to 1:00pm <i>"A Month into the New Year"</i> w/ Antoinette 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">29</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 11:30am to 12:30pm <i>Financial Literacy"</i> w/ Chuck & MCU 4:30pm to 5:00pm <i>"Daily Wrap Up"</i> 7:00pm to 8:00pm <i>Staying Connected Mtg.</i> <i>Zoom ID: 567 484 6336</i></p>	<p style="text-align: right;">30</p> <p>10:30am to 11:00am <i>"Daily Inspiration"</i> 12:00pm to 1:00pm <i>"Arts & Crafts"</i> w/ Antoinette 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	<p style="text-align: right;">31</p> <p>2:30pm to 4:00pm <i>"1st Year Anniversary Celebration"</i> <i>NA Meeting</i> 4:30pm to 5:00pm <i>"Daily Wrap Up"</i></p>	